



Selection Criteria for Inter Provincial Competition

Year 2008 - 2009

Preface

The Manitoba Weightlifting Association has decided to follow the marker system as established by the Canadian Weightlifting Federation when selecting its teams to compete in international competitions instead of the Sinclair formula that has been previously used. This change is mainly due to the fact that it represents a better system in deciding teams especially when we are not in a position to fund full teams. This will also make it easier to compare individuals regardless of their gender. We will use the Junior Marker for Junior Events and the Senior Marker for Senior or Open Events as per CWFHC marker system. The only exception is the Canadian Senior Weightlifting Championships where the CWFHC has a minimum qualifying standard system in place and you cannot attend unless you have met this standard.

DATE	EVENT	SELECTION CRITERIA
October 4, 2008	Twin City/Glencoe Open, Glencoe, MN, USA	Qualifying period: March 28th, 2008 to September 29, 2008. Team size: Standard team size of 8 men and 7 women based on the senior marker system. 2 maximum per weight class. MWA will fund the top 10 athletes up to 50% of their cost based on the CWFHC Senior Marker. Others may self-fund.
January 17, 2009	2009 Junior Nationals, Location TBD	Qualifying period: September 1st, 2008 to January 5th, 2009. Team Size: Maximum of four athletes. 2 maximum per weight class. MWA will fund the top 4 athletes regardless of gender up to 50% of their cost based on the CWFHC Junior Marker. Others may self-fund.
March 28, 2009	2009 Western Canadians Location TBD	Qualifying period: September 1, 2008 to February 29th, 2009. Full team: 8 males and 7 females. 2 maximum per weight class. MWA will fund the top 8 males and 7 females up to 50% of their cost based on the CWFHC Senior Marker.
May 16-17, 2009	2009 Senior Canadian National Championships, British Columbia	Qualifying period: October 1, 2008 to March 31st, 2009 MWA will fund all athletes who make the minimum CWFHC qualifying standard in their respective weight class up to 50% of their cost. MWA will fund a maximum of 2 male and 2 female "Wildcards" up to 50% of their cost. "Wildcards" shall be under 24 years of age and achieve 90% of the CWFHC qualifying standard.

TBA	2009 Saskatchewan Open, Saskatchewan	Qualifying period: TBA Team size: Standard team size of 8 men and 7 women based on the marker system. 2 maximum per weight class. MWA will fund the top 6 athletes up to 50% of their cost based on the CWFHC Senior Marker. Others may self-fund.
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Please note that cost include transportation, hotels and entry fees; meals are the responsibility of the athlete.

Markers

Senior Men	56 kg	62 kg	69 kg	77 kg	85 kg	94 kg	105 kg	105+ kg
(2008 - 2009)	265.50	291.047	318.188	346.641	363.313	380.484	396.523	417.993

Senior Women	48 kg	53 kg	58 kg	63 kg	69 kg	75 kg	75+ kg	
(2008 - 2009)	180.484	197.305	212.141	223.680	232.109	240.953	262.922	

Junior Men	56 kg	62 kg	69 kg	77 kg	85 kg	94 kg	105 kg	105+ kg
(2008 - 2009)	259.496	282.823	309.740	332.656	351.167	361.177	367.938	374.104

Junior Women	48 kg	53 kg	58 kg	63 kg	69 kg	75 kg	75+ kg	
(2008 - 2009)	167.042	187.417	204.667	211.760	218.219	230.979	241.542	

Senior National Standards

Men	56 kg	62 kg	69 kg	77 kg	85 kg	94 kg	105 kg	105+ kg
National Standards	173	190	207	226	237	248	258	272

Women	48 kg	53 kg	58 kg	63 kg	69 kg	75 kg	75+ kg	
National Standards	118	129	138	146	151	157	171	

Senior Nationals Wildcard Criteria

Provincial associations can nominate an additional 2 Women and 2 Men that have not reached the qualifying standard. They must be 23 years of age or under (calculated in the calendar year of the athlete's birthday so for 2009, it would be 1986, 1987...). Manitoba athletes wishing to qualify for a "wildcard" must reach 90% of the Senior National standard to be eligible.

These non-qualified athletes must have participated in a competition subject to doping control during the Qualifying period.

NOTE: Non-qualified athletes may not compete more than two times at the Canadian National Championships. Athletes must achieve the standard to compete at the Canadian National Championships after two years as a non-qualified athlete.

NOTE: Senior and Junior men and women markers may change pending decisions made at the Annual General Meeting held at the Canadian Nationals May 16, 2008.

This was presented and accepted on April 1, 2008 by the Manitoba Weightlifting Association Executive Committee.