

## Manitoba Weightlifting Ranking - Updated Oct-2009

No	Men	Class	Total	Marker %	Sinclair	Date	Club
1	Darryl Conrad	85	285	78.44	341.22	May-09	Hercules
2	Terry Hadlow	85	249	68.54	297.94	Feb-09	Dakota
3	Jordan Ducheminsky	85	240	66.06	284.76	Feb-09	Hercules
4	Enrique Wiebe	56	163	61.39	253.47	May-09	Morden
5	Eric Mazur	69	178	55.94	238.09	Oct-09	Hercules
6	Al Bugden	94	200	52.56	236.02	Dec-08	17 Wing
7	Sean Mazur	77	174	50.20	220.14	Mar-09	Hercules
8	Greg Richardson	77	162	46.73	204.14	Dec-08	Brick
9	Bryan Goods	105+	191	45.69	201.9	Nov-08	MWA
10	Doug Sinclair	77	144	41.54	181.4	Oct-09	Dakota
11	Karl Paterson	56	107	40.30	168.55	Dec-08	Hercules
No	Women	Class	Total	Marker %	Sinclair	Date	Club
1	Rosemary Densmore	53	152	77.04	213.69	Nov-08	Brick
2	Christa Derochers	69	155	66.78	184.56	May-09	Hercules
3	Monnette Calixto	69	151	65.06	170.49	Dec-08	MWA
4	Alena Jackson	75+	136	51.73	141.66	Mar-09	MWA

### Provincial Ranking List Policy

Separate female and male overall ranking lists are updated after the following events: Twin City Open, Manitoba Open, Junior and Senior Provincials, Junior Nationals, Festival Du Vugeur, Western Canadian Championship, Senior Nationals, and Saskatchewan Open.

In the event that an athlete posts a total at a different competition than the ones listed above; it is the athletes responsibility to inform the MWA office if they would like that total be posted on the ranking list.

Athletes will be ranked from highest to lowest percentage. Percentages are calculated using the current markers.

For the total to be posted on the raking list an athlete must be a member in good standing and the total must have been posted while an MWA member in good standing.

Highest result from the past 12 months will be used.

To remain on the list an athlete must have posted a total within the past 12 months as of the date when the list was last updated.

In the event of a tie on the ranking list the athletes will be co-ranked on the list.