

Manitoba Weightlifting Ranking - Updated Jan-2010

No	Men	Class	Total	Marker %	Sinclair	Date	Club
1	Darryl Conrad	85	285	78.44	341.22	May-09	Hercules
2	Terry Hadlow	85	249	68.54	297.94	Feb-09	Dakota
3	Jordan Ducheminsky	85	240	66.06	289.39	Jan-10	Hercules
4	Enrique Wiebe	56	163	61.39	253.47	May-09	Morden
5	Eric Mazur	69	193	60.66	258.3	Jan-10	Hercules
6	Sean Mazur	77	184	53.08	230.75	Jan-10	Hercules
7	Al Bugden	94	200	52.56	236.02	Feb-09	17 Wing
8	Brett Burdz	69	163	51.23	218.15	Jan-10	Brick
9	Robert Espisito	77	169	48.75	221.24	Jan-10	Hercules
10	Greg Richardson	77	160	46.16	201.09	Jan-10	Brick
11	Doug Sinclair	77	148	42.70	186.41	Jan-10	Dakota
12	Kevin Coates	105	167	42.12	183.97	Jan-10	Paragon
13	Amr Elazhary	77	145	41.83	182.52	Jan-10	Dakota
14	Karl Paterson	69	133	41.80	178	Jan-10	Hercules
No	Women	Class	Total	Marker %	Sinclair	Date	Club
1	Rosemary Densmore	53	147	74.50	207.15	May-09	Brick
2	Christa Derochers	69	155	66.78	184.56	May-09	Hercules
3	Monnette Calixto	69	149	64.19	176.4	May-09	MWA
4	Alena Jackson	75+	136	51.73	141.66	Mar-09	Paragon
5	Anne-Marie Young	53	75	38.01	104.51	Jan-10	Paragon

Provincial Ranking List Policy

Separate female and male overall ranking lists are updated after the following events: Twin City Open, Manitoba Open, Junior and Senior Provincials, Junior Nationals, Festival Du Vugeur, Western Canadian Championship, Senior Nationals, and Saskatchewan Open.

In the event that an athlete posts a total at a different competition than the ones listed above; it is the athletes responsibility to inform the MWA office if they would like that total be posted on the ranking list.

Athletes will be ranked from highest to lowest percentage. Percentages are calculated using the current markers.

For the total to be posted on the raking list an athlete must be a member in good standing and the total must have been posted while an MWA member in good standing.

Highest result from the past 12 months will be used.

To remain on the list an athlete must have posted a total within the past 12 months as of the date when the list was last updated.